

## UW-La Crosse Women's Indoor School Records

<b>Event</b>	<b>Name(s)</b>	<b>Time/Mark</b>	<b>Year</b>
55 Dash	Jena Durnin	7.07	2007
200 Dash	Angela Klatt	25.26	2001
300 Dash	Sharron Owens	43.17	1990
400 Dash	Lisa Mickelson	56.68	2000
600 Run	Lace Van Zeeland	1:35.43	1997
800 Run	Jessica Dober	2:13.55	2001
1,000 Run	Kristin Krueger	2:59.37	1999
Mile	Kristen Painter	4:57.76	2006
3,000 Run	Julia Rudd	9:51.41	2006
5,000 Run	Julia Rudd	17:05.81	2006
55 Hurdles	Kiara Eisner	8.24	1999
200 Hurdles	Kiara Eisner	28.44	1999
Pentathlon	AnnMarie Glejf	3,241 pts.	2008
Shot Put	Cindy Lensmire	49-7	1984
Long Jump	Caitlin Schetter	19-5 1/2	2009
Triple Jump	Caitlin Schetter	39-5	2009
High Jump	Katie Arnes	5-7 3/4	1999
20-lb. Weight	Patti Franckowiak	56-6 1/2	1999
Pole Vault	Angela Hilgers	12-11 3/4	2003
4x200 Relay	Amber Lindblad, Casey Weise, Jocelyn Loe, Lisa Mickelson	1:41.73	2000
4x400 Relay	Amber Lindblad, Jocelyn Loe, Deb Hanson, Lisa Mickelson	3:50.76	2000
Dist. Medley Relay	Meagan Herlache, Maggie Leyendecker, Beth Richmond, Kristen Painter	11:54.33	2007

## UW-La Crosse Women's Outdoor School Records

<b>Event</b>	<b>Name(s)</b>	<b>Time/Mark</b>	<b>Year</b>
100 Dash	Jena Durnin	11.99	2006
200 Dash	Angela Klatt	24.41	2004
400 Dash	Lisa Mickelson	55.79	2000
800 Run	Mary Kastelic	2:10.33	1983
1,500 Run	Kristen Painter	4:32.08	2006
3,000 Run	Tori Neubauer	9:24.2	1983
3,000 Steeplechase	Stephanie Perleberg	10:22.34	2009
5,000 Run	Tori Neubauer	16:07.37	1983
10,000 Run	Tori Neubauer	33:25.8	1984
100 Hurdles	Kiara Eisner	14.40	1999
400 Hurdles	Angie Riniker	1:00.68	1995
Heptathlon	Shelly Rud	4,629 pts.	1993
Shot Put	Cindy Lensmire	50-1 1/2	1984
Discus	Cindy Lensmire	169-6	1983
Javelin	Jodi Smiley	170-5	1984
Long Jump	Caitlin Schetter	19-10 1/4	2009
Triple Jump	Katie Fondow	39-8	2009
High Jump	Brenda Eilers	5-9	1985
Hammer	Kristen Raether	175-9	2003
Pole Vault	Angela Hilgers	13-1 1/2	2003, 2005
4x100 Relay	Tricia Clark, Shelli Gotto, Angela Klatt, Jocelyn Loe	46.91	2003
4x200 Relay	Ashton May, Caitlin Wippermann, Katie Fondow, Caitlin Schetter	1:43.33	2009
4x400 Relay	Jocelyn Loe, Kristi Marvin, Breanna McMullen, Lisa Mickelson	3:48.21	2001
4x800 Relay	Beth Richmond, Kristen Painter, Michelle Horn, Meagan Herlache	9:14.02	2007
Sprint Medley	Jocelyn Loe, Angela Klatt, Lisa Mickelson, Jessica Dober	4:03.80	2001
Distance Medley	Meagan Herlache, Maggie Leyendecker, Beth Richmond, Kristen Painter	11:54.39	2007
800 Medley	Pierce, Kempf, Wurster, Heimerman	1:48.66	1981

## Women's Mitchell Hall Fieldhouse Records

<b>Event</b>	<b>Name(s)</b>	<b>Affiliation</b>	<b>Time/Mark</b>	<b>Year</b>
55 Dash	Jena Durnin	UW-La Crosse	7.14	2006
200 Dash	Amber Lindblad	UW-La Crosse	25.83	1999
400 Dash	Lisa Mickelson	UW-La Crosse	58.49	2000
600 Dash	Lace Van Zeeland	UW-La Crosse	1:35.65	1997
800 Run	Jessica Dober	UW-La Crosse	2:12.40	2002
1,000 Run	Kristin Krueger	UW-La Crosse	3:01.37	1999
1,500 Run	Missy Buttry	Wartburg College	4:40.42	2002
3,000 Run	Julia Rudd	UW-La Crosse	9:51.41	2006
5,000 Run	Julia Rudd	UW-La Crosse	17:26.94	2003
55 Hurdles	Kiara Eisner	UW-La Crosse	8.24	1999
200 Hurdles	Kelly Schoberg	UW-La Crosse	28.71	1995
4 x 200	Lindblad-Weise- Porter-Mickelson	UW-La Crosse	1:44.51	1999
4 x 400	Augustana College	Augustana College	3:54.19	1993
Dist. Medley Relay	Horn-Raduka- Richmond-Johnson	UW-La Crosse	12:11.72	2009
Shot Put	Cindy Linsmire	UW-La Crosse	49-7	1984
Long Jump	Caitlin Schetter	UW-La Crosse	19-4 1/2	2009
Triple Jump	Tara Harding	UW-Oshkosh	38-7	1995
High Jump	Michelle Reidi	UW-Stevens Point	5-8 1/4	1984
20-lb. Weight	Emily King	Winona State	59-8 1/4	2007
Pole Vault	Angela Hilgers	UW-La Crosse	12-6	2003
Pentathlon	Jen Freund	UW-River Falls	2,923	1995

## Women's Veterans Memorial Field Sports Complex Records (opened 2009)

<b>Event</b>	<b>Name(s)</b>	<b>Affiliation</b>	<b>Time/Mark</b>	<b>Year</b>
100 Dash	Tasha Allen	Milwaukee North H.S. (Wis.)	11.76	2009
200 Dash	Chidera Obasih	Brookfield Central H.S. (Wis.)	23.85	2009
400 Dash	Tasha Allen	Milwaukee North H.S. (Wis.)	55.19	2009
800 Run	Marie Borner	Bethel Univ. (Minn.)	2:09.31	2009
1,500 Run	Abby Smith	St. Olaf College (Minn.)	4:42.38	2009
3,000 Steeplechase	Laura Roach	Carleton College (Minn.)	10:54.35	2009
5,000 Run	Allison Kolinski	UW-La Crosse	18:11.24	2009
100 Hurdles	Brittany Thomas	Wartburg College (Iowa)	14.60	2009
400 Hurdles	Kelsey Steffens	Wartburg College (Iowa)	1:02.63	2009
4 x 100	Charlton-A. May- Fondow-Schetter	UW-La Crosse	46.94	2009
4 x 400	Beck-Katarow- Schaefer-Seidl	UW-La Crosse	3:50.61	2009
Long Jump	Ashton May	UW-La Crosse	19-7	2009
Triple Jump	Akeya Aimable	Wartburg College (Iowa)	38-11	2009
High Jump	Rachel Melum	Iola-Scandinavia H.S. (Wis.)	5-9	2009
Shot Put	Rebecca Stier	Winona State Univ. (Minn.)	46-1 1/4	2009
Hammer	Ellie Sitek	UW-Oshkosh	174-2	2009
Discus	Ellie Sitek	UW-Oshkosh	160-4	2009
Javelin	Lauren Boleen	Luther College (Iowa)	137-0	2009
Pole Vault	Rianna Galiart	Unattached	13-10	2009